

## RECTORY

3128 S Street  
Lincoln NE 68503-3297  
(402) 476-2610  
E-mail:  
sacredheartlincoln@outlook.com  
Msgr. Timothy Thorburn Pastor  
E-mail:  
msgr.thorburn@lincolndiocese.org  
Fr. Valerian Bartek, Senior Parochial  
Vicar  
Website: sacredheartlincoln.org

## Mass Schedule

Saturday, 5:00 pm  
Sunday, 7:30, 9:00, & 11:00am

## Weekday Masses

Mon - Sat, 8:15 am

CCD: Sunday at 9:30 am

GodTeens: 2nd Sunday 7:00 pm  
in rectory basement  
Please enroll by calling 402-  
476-2610 or simply attending.

## Confessions:

Saturdays 4:00-4:50 pm  
Sunday 7:00-7:20 am  
Monday-Saturday, 7:45-8:05 am

Baptisms: call 402-476-2610 to  
arrange for Baptism preparation.

Matrimony: A minimum of four  
months is required after contacting  
the priest; more in some cases; six  
months to a year is recommended.

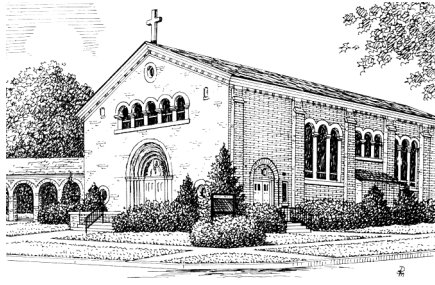
Communion to the homebound or  
Anointing of the Sick: if you or  
someone you know is home-bound  
or seriously ill, or will be  
undergoing major surgery, please  
call or speak to Msgr. Thorburn,

## Newcomers—Welcome!

Please call 402-476-2610  
Or visit the rectory

Catholic Social Services (days)  
402-474-1600; Lincoln Crisis  
Pregnancy Center (24-hours) 402-  
483-4247; Birthright 402-466-2609  
(24-hours 1-800-550-4900).

La Misa en Español, Iglesia de  
Cristo Rey, 4221 Calle "J," Lincoln,  
NE 68510 (402-488-5087)



**Welcome to  
Sacred Heart Church  
7th Sunday  
In Ordinary Time  
February 19, 2023**

**EUCCHARISTIC REVIVAL** The American Bishops have embarked on a program of Eucharistic Revival in the United States because of decreased reverence for Our Lord in the Most Blessed Sacrament by Catholics. I am not a little embarrassed that we have done little at Sacred Heart to promote this effort. My excuse is that I'm still getting my sea-legs as Pastor. Most of you will accept that, but it's not as easy for me to look Our Lord in the eye and try the same excuse. But, we have to start somewhere, so we'll start small.

Beginning Ash Wednesday, we will have adoration with the Blessed Sacrament exposed in the monstrance *every morning (except Sunday) starting at 7:00 am until just before Mass*. The exposition and reposition will usually be simple (without hymns and incense) yet the Lord will be in the altar in our midst. Not everyone can attend daily Mass (although that's a good Lenten resolution to consider if you can) but many parishioners could make a short visit to Our Lord on the altar in the morning before going to work or school (or for some, just after you get off work on the graveyard shift). And as an added bonus, we have confessions each morning from 7:45-8:05. I will give just one guarantee: If you choose to come and make a little visit to Our Lord, you will begin to change and our parish will begin to change, for the better.

## **Lenten Regulations for the Diocese of Lincoln for 2023**

- Ash Wednesday and Good Friday are days of fast and abstinence. All Fridays in Lent are days of abstinence.
- Fasting means eating only one full meal with two smaller meals, which together do not equal the full meal. No snacking or eating between meals is allowed. Fasting obliges all Catholics between the ages of 18 and 59. Abstinence means eating no meat, and no soup or gravy made from meat. Abstinence obliges all Catholics over the age of 14. Sickness, hard manual labor, pregnancy, etc. automatically excuse a person from these obligations. Nevertheless, it should be pointed out that these are serious obligations. In cases of doubt or question, the priest who hears a person's confession should be consulted.

**A very special thank you** to all of the workers at the pancake feed. We had many compliments on the food and the fun atmosphere.

**Also thank you** to all parishioners and visitors who came to enjoy the food and fun.

**And thank you** to a very generous lady who donated the sausages. \$1,419.71 was added to our building fund—that includes \$110.00 for egg rolls.

**Church Cleaning:****Thanks to all of the volun-**

teers who helped with cleaning last Saturday.

**For Saturday, February 25 at 8:45 am, we ask for the help of at least one person from each of the following households:** Larry Champoux, Pat Claussen, Joe Conroy, Jean Crable, Larry Craig, Lorena Crowe, Brent Cushman, Bryan Dahlberg, Jesse Damm, Jennifer Davis and Richard Degenhardt..

**Contact Persons****For Sacred Heart Organizations**

Please call or email the rectory if you would like to contact any of these people. We will pass along your request. 402-476-2610  
sacredheartlincoln@outlook.com

Adoration Coordinator

Louise Sayer

Altar Society

Sue Rye

Choir & Children's Choir

Amanda Dieckgrafe

Church Cleaning

Sue Rye

CCD

Brad Aden

Holy Name Men's Group

Steve Michels

Knights of Columbus

David Diaz

Pink Sisters Representative

Chelys Svoboda

Pius Home & School Representative

Steve &amp; Colleen Michels

Prayer Chain

Laura Corder

Pro Life

Angela Zoucha

Sacred Heart Quilters

Mary Ann Jaros

St. Vincent de Paul

Joe Conroy

Ushers

Coordinator needed

Website

Linda Conroy

**MASS TIMES & INTENTIONS: February 18-26, 2023**

<b>Sat</b>	<b>Feb 18</b>	<b>5:00pm</b>	Aloisius Krebsbach+
<b>Sun</b>	<b>Feb 19</b>	<b>7:30am</b>	Paul R. Sullivan
	<b>Feb 19</b>	<b>9:00am</b>	Knights of Columbus members living & deceased
	<b>Feb 19</b>	<b>11:00am</b>	For the people of the parish
Mon	Feb 20	8:15am	Marian Perry+
Tue	Feb 21	8:15am	John Barratt+
	Feb 21	12:15pm	Maria Thao Vu+ <b>Latin Mass</b>
<b>Ash Wednesday</b>			
Wed	Feb 22	<b>8:15am</b>	Marian Perry+
Wed	Feb 22	<b>Noon</b>	All souls
Wed	Feb 22	<b>5:30pm</b>	Robert "Bob" Woepfel+
Thu	Feb 23	8:15 an	Victor Juarez
Fri	Feb 24	8:15am	Souls of Maria & Dominh
Sat	Feb 25	8:15am	Bernice Redler+
<b>Sat</b>	<b>Feb 25</b>	<b>5:00pm</b>	Robert "Bob" Woepfel+
<b>Sun</b>	<b>Feb 26</b>	<b>7:30am</b>	Gloria Dierks+
	<b>Feb 26</b>	<b>9:00am</b>	For the people of the parish
	<b>Feb 26</b>	<b>11:00am</b>	Christopher Garcia+

**This Sunday:** Leviticus 19:1-2, 17-18; Psalm 103:1-2, 3-4, 8, 10, 12-13; 1 Corinthians 3:16-23; Matthew 5:38-48

**Ash Wednesday:** Joel 2:12-18; Psalm 51:3-4,5-6ab, 12-13, 14 & 17; 2 Corinthians 5:20-6:2; Matthew 6:1-6, 16-18

**Next Sunday:** Genesis 2:7-9; 3:1-7; Psalm 51:3-4, 5-6, 12-13, 17; Romans 5:12-19; Matthew 4:1-11

**Sacred Heart News:** Our parishioner James Heng passed away on February 12th. His funeral was held here at Sacred Heart on Friday, February 17th. Please pray for the happy repose of his soul.

**Please pray** for all of the sick of our parish. If you would like your intention listed here, please call the church office, 402-476-2610.

**Please pray for our Seminarians:** Especially this week for Trent Mines from Cathedral of the Risen Christ, Lincoln, NE, in College1 at St. Gregory the Great Seminary.

**Collection for Feb 12, 2023**

Envelopes	\$5,609.50
Plate	718.04
Southern Nebraska Register	385.00
Funeral donation	<u>225.00</u>
	\$6,937.54

Saint Vincent de Paul \$225.00

Endowment \$101.00

**Natural Family Planning**

**Intro Sessions.** Questions? Call 402-488-2040. Pre-registration is required. Go online to register or download a registration form at:  
[www.lincolndiocese.org/nfp](http://www.lincolndiocese.org/nfp)

**Confirmation** for 7 of our young people will be here on Thursday, February 23rd at 7:00 pm.

His Excellency, Bishop Conley, will be here to celebrate the Mass and bestow this great gift of the Holy Spirit in this Sacrament. We congratulate the candidates on their hard work of preparation for this Sacrament. We thank their families for their support and encouragement, and in a special way I want to thank the teachers who gave so much of their time and talent to prepare the candidates so well.

**HOWEVER**, since there are so few candidates, there will likely not be many people in attendance. Yet this Sacrament, and the presence of our Bishop, is a blessing for the whole parish. Recall your own Confirmation and ask that the graces you received at that time come fully alive and are renewed for your own sanctification, healing and the deepening of your faith. **SO I ASK** that many parishioners, young and old, attend this Mass. Come to show your support for these young people and your love for Sacred Heart Parish. And afterwards, even though it's only the second day of Lent, go out and have ice cream, or hot cocoa, or a pizza or something you enjoy in celebration. Whenever the Bishop comes to the parish we are blessed in a special way, and we can enjoy a little "pause" in our Lenten penances!

**The Emmaus Institute for Biblical Studies** is accepting registrations for spring in-person and online classes, including the next class in our three-year certificate program covering the entire Bible: The Historical Books (Mondays 2/20-5/1).

This Lent, explore the mystery of suffering with Dr. Vern Steiner in his course When God's People Suffer: A Biblical Perspective on Pain and Evil (Tuesdays 2/21-5/2).

Other courses include Behold the King: Encountering Jesus in the Gospel of Matthew (Thursdays 2/23-5/4); and Introduction to Latin Grammar I: C (Wednesdays 2/22-5/3).

In-person classes run 6:30-8:30pm at Emmaus in Lincoln except as noted. Online classes can be watched any time. Learn more and register at [www.EmmausInstitute.net](http://www.EmmausInstitute.net).

**Needing to go on a retreat soon?** Our Lady of Good Counsel Retreat House, has several retreats to renew you in your relationship with God.

Join us on February 22 - Ash Wednesday for "Meeting God in the Desert" with Deacon Matthew Hecker

February 24-26 - "I+You=We Marriage Workshop" for married couples with Fr. Jarosław "Jay" Szymczak  
March 10-12 In the presence of Our Lord with Fr. Loras Grell; Foundations for a revival of the Eucharist.

Read more and register at: [www.goodcounselretreat.org](http://www.goodcounselretreat.org), email: [office@goodcounselretreat.org](mailto:office@goodcounselretreat.org) or call 402-786-2705.

**Altar Boy training** will take place Saturday, March 11th from 11:00 am-2:00 pm.

If you are a parent of a boy in grade four through high school, please visit with your son about assisting our parish by serving at Holy Mass and other liturgies. This is a good way to start their involvement in their parish and will help them to grow closer to their faith and in their life of prayer. The Brothers will be helping with the training.

*The training also includes a pizza lunch!*

**Please call the Parish Office with the names of those who will attend the training.**

**Are your parents divorced, separated, or otherwise not together?** Are you struggling with the effects of that and looking for guidance? Life-Giving Wounds, a Catholic apostolate dedicated to supporting adults from broken homes, is running a seven-week online support group from March 2 to April 12. During seven evening sessions over Zoom, participants will meet others who "get" the pain of having your parents split up, and will hear from fellow adult children of divorce or separation and psychological experts on topics like setting goals for healing, overcoming shame, dealing with financial anxiety, and more. You are not alone! Cost: \$199, \$94 college students/consecrated, \$119 college students/consecrated.) Scholarships available! More information and registration here: <https://www.lifegivingwounds.org/lentsupportgroup>

**40 Days for Life – Pray to end abortion.** 40 Days for Life campaign starts February 22nd and ends April 2nd.

For 40 days there will be someone peacefully praying for the unborn at Planned Parenthood from 7:00 am to 7:00 pm.

Our Sacred Heart Pro-Life committee is asking you to join us on Tuesday nights to pray for the unborn any hour from 4:00 - 7:00 pm. Please join your fellow parishioners for one hour on Tuesdays during this event, we will have at least one person from our church there each of these hours and we hope to have many more.

If you can not come on Tuesdays you are welcome to sign up for an hour on any of the other days, go to [40daysforlife.com/Lincoln](http://40daysforlife.com/Lincoln).

If we do not stand up for the unborn, who will? Please join us!

Questions? Call Jeanine at 402-310-8427

## Job Opportunities—

**St. Mary's Catholic Church** is looking to hire a full-time Parish Secretary. The ideal candidate demonstrates a real love and concern for all people, enjoys providing assistance with ideas and projects, and has the natural gift of pushing projects or tasks to completion. Must have a love of Jesus Christ and His Church, office/administrative experience preferred. Please send your resume to frjwalsh@mac.com.

—**The Family Life and Discipleship Office** is hiring a Coordinator of Youth Evangelization and Discipleship who will assist families by implementing youth and young adult evangelization and discipleship initiatives.

The application deadline is February 20th. Please contact Marsha Bartek to apply. Marsha-bartek@lincolndiocese.org, 402-904-8052, or at the Catholic Chancery, 3400 Sheridan Blvd. Lincoln, NE 68506

**FORMED.ORG**—is a treasure chest from which you can grow in faith. To sign up: go to formed.org, click "sign up", choose "I belong to a parish or organization", click "find parish" and search for "Sacred Heart Lincoln". Then create your FREE account by entering your name & e-mail address. Recommended this week: *Catholic All Year-Fat Tuesday*. For children—*Catholic Heroes of Faith; Littlest Saints*.

## **HOLY FATHER'S INTENTION FOR THE MONTH of February, 2023:**

**For parishes**—We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

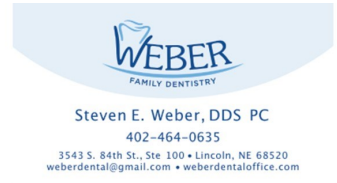
**Notice Below** sponsors for our parish bulletin. Please support these businesses, who support our parish. (Ver. 7.8.11)



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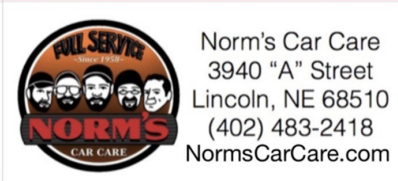
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