

2019 Holy Week Schedule



The high point of the liturgical year—and most importantly, the high point of our spiritual life—is the celebration of the Paschal Mystery, our Lord’s death and resurrection, during Holy Week. Though these celebrations are not “days of obligation,” they are events that should be worked into everyone’s calendar, including the use of the sacrament of reconciliation.

Liturgy Schedule

Monday, April 15

Day of Sanctification for Priests

8:15 am Weekday Mass

5:00 pm Chrism Mass at Cathedral

Tuesday, April 16

8:15 am Weekday Mass

Wednesday, April 17

8:15 am Weekday Mass

Holy Thursday, April 18

7:00 pm Mass of the Lord’s Supper

Adoration following until 10:00 pm

Good Friday, April 19 (**A day of fast and abstinence**)

12:00 pm Stations of the Cross

3:00 pm Celebration of the Lord’s Passion

Holy Saturday, April 20

8:30 pm Easter Vigil Mass

Easter Sunday, April 21

7:30 am Easter Mass

9:00 am Easter Mass

11:00 am Easter Mass

Confession Schedule

Saturday, April 13

3:30 – 4:45 pm

Tuesday, April 16

6:00 - 7:00 pm

Wednesday, April 17

7:00 - 8:00 pm

Holy Thursday, April 18

11:30 am- 12:30 pm

8:30 - 9:30 pm

Good Friday, April 19

10:30 - 11:30 am

4:00 – 5:00 pm

6:00-7:00 pm

Holy Saturday, April 20

12:30 pm - 1:30 pm

4:00 – 5:00 pm

Confessions *will not* be available immediately before the liturgies begin.

My children, remember this, that when the priest gives you absolution, you have but one thing to think of, -- that the Blood of the good God is flowing over your soul, to purify it, and make it as bright as it was made by its baptism. A soul which has received absolution is like an infant newly baptized: heaven is open to it, as to that little angel.

—Saint John Vianney

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‘Safe Haven Sunday’ – April 6-7, 2019

Pornography has a negative impact, not only on individuals, but on relationships, families, and society as a whole. The Family Life Office and Covenant Eyes want to help.

The US Catholic Bishops’ statement “Create in Me a Clean Heart: A Pastoral Response to Pornography” says, “The use of pornography by anyone in the home deprives the home of its role as a *safe haven* and has negative effects throughout a family’s life and across generations.”

Covenant Eyes is an organization committed to creating faith-based resources that foster the virtue of chastity and provide tools to overcome pornography use and addiction. Their main service is a Screen Accountability™ service that can help individuals overcome porn use on their devices, as well as to help parents monitor their children’s internet usage and block potentially harmful sites.

Safe Haven Sunday is a way that Covenant Eyes is providing parents with information and tools they can use to create a safe, welcoming environment to talk about uncomfortable topics.

“Children can be exposed to pornography accidentally,” said Sister Marcia Vinje, the assistant for special projects for the Family Life Office. She noted that the guilt and shame they feel can prevent them from telling their parents about it. One of the goals of the weekend is developing relationships between parents and their children, so that they can talk about difficult issues. “Children need to be told, ‘it’s not your fault’ if they encounter pornography,” Sr. Marcia said. She added: “Any adult who works in the diocese goes through safe environment training, but this is education for the parents. We’re hoping parents will become more aware of the danger pornography presents to their children.”

Sacred Heart Parish has copies of *Equipped: Smart Catholic Parenting in a Sexualized Culture* for parishioners with children at home. The book gives practical tips that parents can use to help their children become media literate. The book is also available to download for free on Covenant Eyes’ website: www.covenanteyes.com/family/ As a companion piece to the book, readers can text SECURE to 66866 to receive seven days of digital tips and information on topics ranging from Google Safe Search to Social Media and Teens.

Pornography is not a comfortable subject to talk about, but according to Covenant Eyes, it’s more and more necessary to address in our digital age. The Family Life Office and the Bishop are dedicated to keeping the home a *safe haven* for all of the children in the diocese.

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